

Know your pest

Appearance: reddish-brown

Size: 1/8-inch to 5/8-inch

Alias: Hard ticks

Crimes: Rocky Mountain Spotted Fever (RMSF),
Tularemia

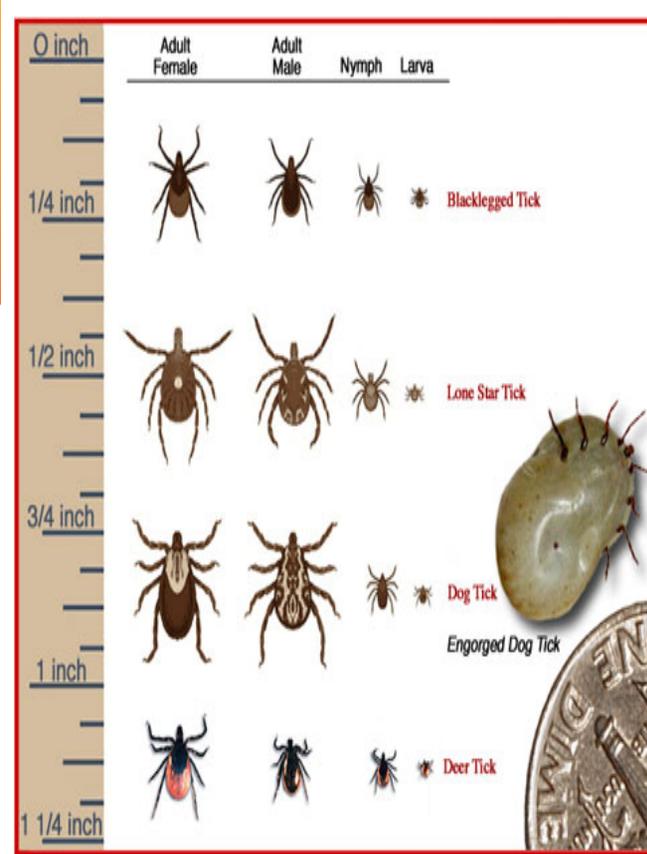


PHOTO: Kendra Wapaha, NNPAP
Dog from Whippoorwill, AZ (Navajo Nation)

Ticks & YOU



This message is brought to you
by the
Navajo Nation Veterinary &
Livestock Program / Navajo Puppy
Adoption Program

Contact Your Local NNVLP

Window Rock (928) 871-6615
Chinle (928) 674-2069
Shiprock (505) 368-1007



Check your pets
and family for
ticks often!

REAL LIFE BLOOD SUCKERS

What are ticks?

Ticks are parasites that suck blood. Ticks are found in different areas throughout the United States. Ticks come in various sizes. Normally a tick will be brown, but as they become engorged (full of blood) they turn a grayish color.

I heard ticks can carry disease, Is that true?

Yes, ticks can carry disease. Such as Rocky Mountain Spotted Fever (RMSF) and Lyme Disease. For more information: <http://www.cdc.gov/ticks/diseases/>



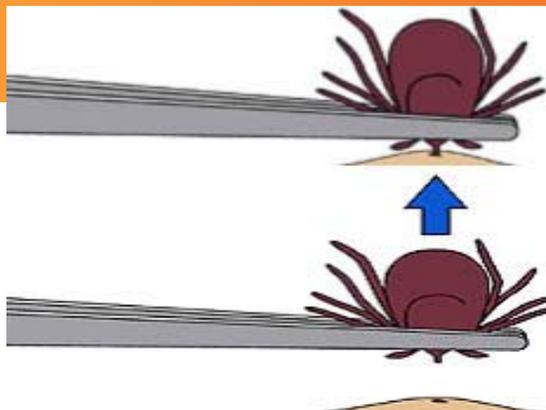
Where do I look for ticks on a person?

Ticks could be anywhere on a person's body, a good rule is to look for anything that may look like a mole or even a speck on the body. Good places to look for them are the back of the knee, thighs, belly button, armpit, ears, hair, or the back of your neck. If your children have been outside playing, parents should check these places for ticks.

What do I do if I see a tick?

Create a "Pick a Tick Kit" :

Equipment needed: Tweezers, Sandwich bag, protective eye wear and gloves.



1. Stay calm
2. Wear protective eye wear, sunglasses work too. Wear gloves.
3. Get your tweezers.
4. Use a sandwich bag with a zipper seal or a container to hold rubbing alcohol.
5. Get close to the tick head as possible remove the tick by pulling straight upward. Be careful not to pop the tick.
6. Place tick in the zipper sandwich bag with the rubbing alcohol. (**Note:** keep the tick and mark on the container the date of removal.)
7. Clean bite area with soap and water or rubbing alcohol
8. If you develop a fever or rash, see your Doctor and tell them of the tick bite and take the tick with you to hospital.

Prevent Tick Bites

- Wear DEET products
- Put tick collars on dogs
- Treat yards for ticks
- Check your body for ticks every day
- Call your Doctor if you get a fever or a rash

Where do I look for ticks on my dog?

Check entire body.

Run your hands thru the fur

Check the dog's chest, stomach, legs, and feet. Be sure to examine between the toes, in the "armpits," and inside the ears. Remember—some ticks are as small as the head of a pin!



PHOTO: Kendra Wapaha, NNPAP
Dog from Tuba City AZ (Navajo Nation)

Don't let this happen to your dog