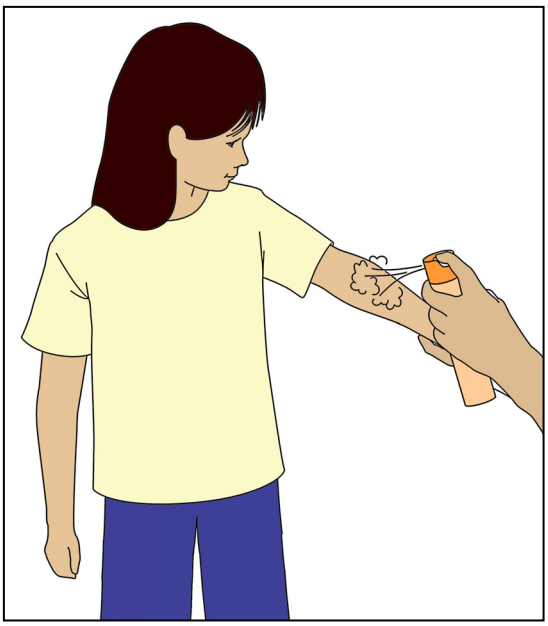
Protect Your Family From Rocky Mountain Spotted Fever

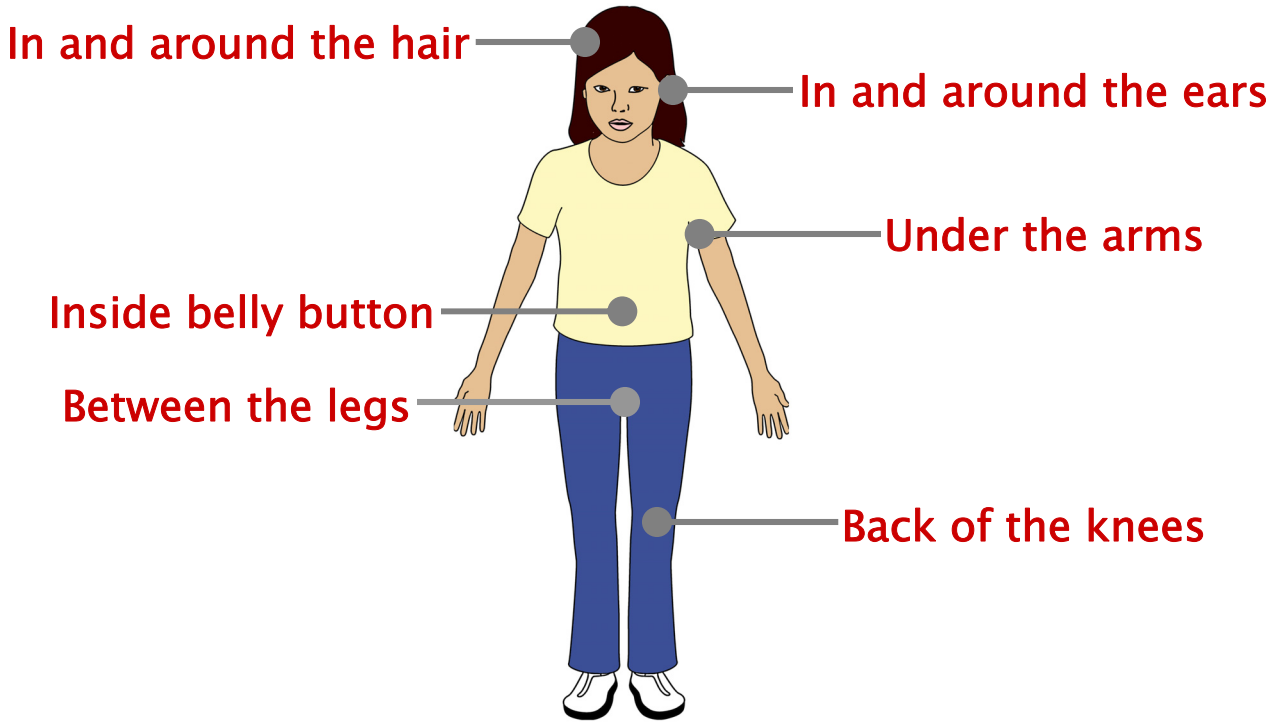


Keep Ticks Off Children

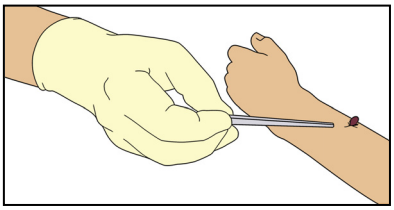
Ticks can spread Rocky Mountain spotted fever. A tick bite can make you sick. To help you and your family stay healthy, keep ticks off children. Spray children with insect repellent before they go outside.

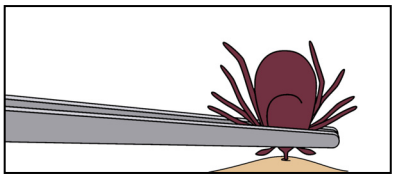
Check for Ticks on Children

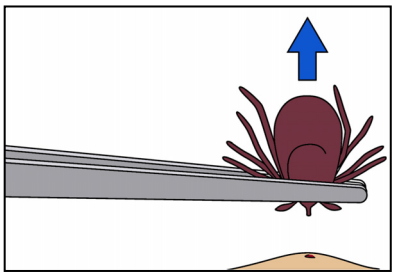
Check these parts of your child's body for ticks:

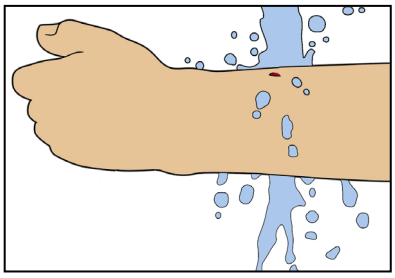


Protect Your Family From Rocky Mountain Spotted Fever!









Take Ticks Off Children

Follow these steps for safe tick removal:

1. Use tweezers and protect bare hands with tissue or gloves, if available.
2. Grab the tick close to the skin.
3. Gently pull straight up until all parts of the tick are removed. Flush the tick down the toilet.
4. Wash the bite with soap and water.

Contact a Doctor or Nurse

Rocky Mountain spotted fever is a disease that is spread by ticks. A person who has Rocky Mountain spotted fever would have a fever and sometimes a rash.

Call your doctor or public health nurse if you or your child:

- Get a fever or rash

AND

- Have been outside or touching dogs

For more information on Rocky Mountain spotted fever:
San Carlos Health Department: (928) 475-2798
Indian Health Services- Office of Environmental Health: (928) 475-7213